# CURRICULUM VITAE

### A. Personal Information

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### B. Education

High School Byron Center High School

Bryon Center, MI

Graduation Year – 2000

College or University University of Michigan

Ann Arbor, MI BS (Biology)

Degree Year – 2004

Medical School Loyola University Chicago

Stritch School of Medicine

Maywood, IL

MD, Degree Year – 2008

Internship St. Luke's Roosevelt Hospital Center (Orthopaedic Surgery)

New York, NY

July 2008 – June 2009

Residency St. Luke's Roosevelt Hospital Center (Orthopaedic Surgery)

New York, NY

July 2009 – June 2013

Fellowship(s) University of Colorado

Children's Hospital Colorado - Pediatric Orthopaedic

Surgery Fellowship Program

Aurora, CO

August 2013 – July 2014

University of Michigan Health System

MedSport Orthopaedic Clinic - Orthopaedic Sports Medicine and Shoulder Surgery Fellowship Program

Ann Arbor, MI

August 2014 – July 2015

Honors and Awards Los Angeles Top Doctors - Orthopaedic Surgery, Los

Angeles Magazine: 2018, 2021

Top Doctors - Orthopaedic Surgery, Pasadena Magazine:

2016, 2018, 2019

Best Pediatric Paper, Winner

Delayed Unions and Functional Outcomes of Pediatric Lateral Condyle Humerus Fractures: A Prospective Study. Orthopaedic Trauma Association Annual Meeting, Orlando,

FL, 10/2018.

Best Research Project, Winner

Restricted Hip Rotation Is Correlated With an Increased

Risk for Anterior Cruciate Ligament Injury.

Big Ten Orthopaedic Sports Medicine Fellowship Society

Annual Meeting, Orlando, FL, 7/2015

Best Clinical Paper, Nominee

Compliance With a Comprehensive Antibiotic Protocol Improves Infection Incidence in Pediatric Spine Surgery.

Pediatric Orthopaedic Society of North America, Annual Meeting, Atlanta, GA, 4/2015

Global Outreach Mentored Scholarship American Academy of Pediatrics, Section on Orthopaedics, Orthopaedic service trip, Guatemala City, Guatemala, 2014

# Best Research Project

Compliance With a Comprehensive Antibiotic Protocol Improves Infection Incidence in Pediatric Spine Surgery. Children's Hospital Colorado, Department of Orthopaedic Surgery, Annual Research Day, Aurora, CO, 5/2014

### Best Research Project

Perioperative Use of Gabapentin in Patients with AIS Improves Outcomes in Pain Management after Posterior Spinal Fusion.

St. Luke's Roosevelt Hospital Center, Department of Orthopaedic Surgery, Annual Research Day, New York, NY, 6/2012

International Health Volunteerism Scholarship NuVasive Cheetah Gives Back Foundation, Orthopaedic service trip, Nairobi, Kenya, 2011

International Medical Student Exchange Scholarship Loyola University Chicago, Stritch School of Medicine, Hadassah Medical Center/Hebrew University exchange student, Jerusalem, Israel, 2008

Honors in Bioethics and Professionalism Loyola University Chicago, Stritch School of Medicine, Graduation with distinction, Maywood, IL 2008

Medical Licensure Number

#A136846, California, Issued 6/6/2015, Expiration 1/31/2023

#4301105941, Michigan, Issued 6/9/2014, Expiration 1/31/2018 (inactive)

#0052482, Colorado, Issued 5/8/2013, Expiration 4/30/2015 (inactive)

#261710-1, New York, Issued 6/8/2011, Expiration

5/31/2013 (inactive)

Board Certification Orthopaedic Surgery – Board Certified

American Board of Orthopaedic Surgery

Part 1, passed 7/11/2013 - valid through 12/31/2027 Part 2, passed 7/28/2017 - valid through 12/31/2027

Subspecialty Certification in Orthopaedic Sports Medicine

American Board of Orthopaedic Surgery Passed 9/27/2018 - valid through 12/31/2027

### C. Professional Background

## **Academic Appointments**

University of Southern California, Keck School of Medicine Assistant Clinical Professor, Orthopaedic Surgery 2015 - current

### **Clinical Administrative Appointments**

Surgical Director of Sports Medicine, Children's Hospital Los Angeles, 2017-current

Director of Pediatric Orthopaedic Surgery, Providence Tarzana Medical Center Tarzana, CA, 2016-current

#### **Specific Teaching Responsibilities**

Orthopaedic Surgery Resident Teaching: Clinical and surgical teaching, weekly conference attendance, and monthly lecture to orthopaedic surgery residents from three residency programs in Los Angeles: USC (20 residents/year), Cedars-Sinai (5 residents/year), UCLA Harbor (5 residents/year)
Children's Hospital Los Angeles, 2015-present

Orthopaedic Surgery Fellow Teaching: Clinical and surgical teaching to Children's Hospital Los Angeles pediatric orthopaedic surgery fellows (2 fellows/year)

Children's Hospital Los Angeles, 2015-present USC Sports Medicine Fellowship, 2020-present; invited lectures

Pediatric Resident Teaching: Clinical and surgical teaching to Children's Hospital Los Angeles pediatric residents (12 residents/year) Children's Hospital Los Angeles, 2015-present

Surgical Fellows Education Workshop University of Michigan, Department of Surgery Yearlong curriculum to enhance surgical teaching skills Ann Arbor, MI, 2014 - 2015

Orthopaedic surgery sports medicine surgical skills labs
Ongoing curriculum teaching to University of Michigan orthopaedic surgery
residents on simulator and cadaver knee and shoulder arthroscopy techniques
Ann Arbor, MI, 2014 - 2015

### **Specific Administrative Responsibilities**

Administrative Chief Resident – Orthopaedic Surgery Residency Program St. Luke's Roosevelt Hospital Center, Department of Orthopaedic Surgery New York, NY, 2012-2013

Medical School Class President Loyola University Chicago, Stritch School of Medicine Class of 2008 Maywood, IL, 2004-2008

# D. Society Memberships

#### **Professional**

American Academy of Orthopaedic Surgeons, member, 2009-current; Active Fellow Member Class of 2019

American Orthopaedic Society for Sports Medicine, member, 2014-current; Active Fellow Member Class of 2019

Pediatric Orthopaedic Society of North America, member, 2014-current; Active Fellow Member Class of 2018

Pediatric Research in Sports Medicine, member, 2016-current

California Orthopaedic Association, member, 2016-current

Western Orthopaedic Society, 2016-current

Los Angeles Pediatric Society, 2016-current

### E. Service

# **Professional Organizations**

National/International

Pediatric Orthopaedic Society of North America - Quality, Safety, and Value Initiative Council Sports Medicine Committee

June 2018 - current

Pediatric Knee Anatomy Study Group. Annual Meeting in Denver, CO Focused cadaver dissection research.

2018-current

Volunteer Medical Staff

Moore Pediatric Hospital and Shalom Foundation, Guatemala City, Guatemala, March 2017

Volunteer Medical Staff

Moore Pediatric Hospital and Shalom Foundation, Guatemala City, Guatemala, March 2015

Volunteer Medical Staff

Moore Pediatric Hospital and Shalom Foundation, Guatemala City, Guatemala, March 2014

Volunteer Medical Staff

CURE International Children's Mission Hospital, San Pedro Sula, Honduras, October 2012

Volunteer Medical Staff

AIC-CURE International Children's Mission Hospital, Kijabe, Kenya, May 2012

Volunteer Medical Staff

National Spinal Injury Hospital, Nairobi, Kenya, March 2011

Volunteer Medical Staff

AIC-CURE International Children's Mission Hospital, Kijabe, Kenya, March 2011

Volunteer Medical Staff

**International Summer Immersion Program** 

Loyola University Chicago, Stritch School of Medicine, San Lucas, Guatemala, June 2005

# **University/Other Committees**

Orthopaedic Council - 2-year appointment - Strategic planning, oversight, and business development for Children's Orthopaedic Center Children's Hospital Los Angeles
Los Angeles, CA 2020-2021

Ambulatory Surgery Center Strategic Planning Committee Children's Hospital Los Angeles Los Angeles, CA 2020-2021

Committee Member – Residency Program Education Committee St. Luke's Roosevelt Hospital Center, Department of Orthopaedic Surgery New York, NY, 2012-2013

Voting Member – Medical Student Union Loyola University Chicago, Stritch School of Medicine Maywood, IL, 2004-2008

Committee Member, Medical School Strategic Planning Committee Loyola University Chicago, Stritch School of Medicine Maywood, IL, 2006-2007

Co-Chairperson – Student Distinguished Lecture Series Loyola University Chicago, Stritch School of Medicine Maywood, IL, 2005-2006

#### **Journal Reviews**

Journal of Pediatric Orthopaedics, Reviewer May 2018 - current

American Journal of Sports Medicine, Reviewer May 2020 - current

Journal Shoulder and Elbow Surgery, Reviewer 2021 - current

### **Community Service**

Assistant Baseball Coach Majors' Minors Baseball Club, New York, NY, 2011 Baseball team equipment manager, University of Michigan Men's Varsity Baseball, Ann Arbor, MI, 2000-2002

Mentor to developmentally disabled child Ann Arbor, MI, 2002-2004

Vice-President, Best Buddies Organization, University of Michigan Ann Arbor, MI, 2002-2004

### Physician Athletic Team Coverage

United States Women's National Soccer Team. Stretcher Crew, Olympic Qualifying Tournament, Carson, CA, Feb 7-9, 2020

United States Men's National Soccer Team. Stretcher Crew, International Friendly, Carson, CA, Feb 1, 2020.

Taft Charter High School. Medical Director, 2019-2020. Woodland Hills, CA

Birmingham Community Charter High School, Head Team Physician, 2019-2020. Van Nuys, CA

Sierra Canyon School, Assistant Team Physician, 2019-present. Chatsworth, CA

Loyola High School, Head Team Physician, 2021-present. Los Angeles, CA

University of Michigan, Ann Arbor, MI, 2014 - 2015 Assistant Team Physician (Varsity) - Men's Football, Men's Ice Hockey, Men's Wrestling, Women's Gymnastics, Men's Baseball

Eastern Michigan University, Ypsilanti, MI, 2014 - 2015 Assistant Team Physician (Varsity) - Men's Football

Sugarbush Resort, Warren, VT, 2015 Medical Clinic – orthopaedic coverage

Orthopaedic Sports Medicine Fellowship exchange program, Columbus, OH, 2015, The Ohio State University Department of Orthopaedic Surgery

#### F. Research Activities

### Major Areas of Research Interest

ACL injuries. Shoulder instability. Femoroacetabular impingement. Quality, safety, and value initiatives in pediatric orthopaedics. Open and arthroscopic sports medicine surgical techniques in skeletally immature patients. Meniscal repair. Osteochondritis dissecans. Postoperative rehabilitation in sports medicine. Socioeconomic impacts in pediatric orthopaedics and sports medicine. Pediatric orthopaedics in underserved regions. Computerized motion analysis in sports medicine.

### **Research in Progress**

- 1. Lateral meniscus allograft transplantation in skeletally immature patients -Surgical technique video and Computerized 3D modeling of physeal disruption
- 2. MRI and surgical evaluation of cartilage injuries in patients undergoing surgery for discoid lateral meniscus
- 3. Assessment of outcomes after elbow arthroscopy for unstable capitellar osteochondritis dissecans with use of cartilage allogeneic matrix

#### **Research Grants**

Summer Research Fellowship Grant 1. Loyola University Chicago, Stritch School of Medicine Research Assistant

2,500

2009

100% Effort

Ten-week summer research fellowship examining the molecular and physiological equivalency of generic low molecular weight heparins with the innovator product

2. Orthopaedic Surgery Resident Advisory Committee Grant University of Michigan, Ann Arbor, MI

10,000

2015

20% Effort

Funding to support knee cadaver study comparing surgical techniques during bone-patellar tendon-bone autograft anterior cruciate ligament reconstruction

3. **POSNA Micro Grant**  1,000

June 1, 2020 - May 31, 2021

POSNA QSVI Sports Committee Investigation of the Use and Awareness of Throwing Guidelines and ACL Injury Prevention Programs

#### **Awards**

Best Pediatric Paper, Orthopaedic Trauma Association Annual Meeting, October 2018, Orlando, FL. Delayed Unions and Functional Outcomes of Pediatric Lateral Condyle Humerus Fractures: A Prospective Study.

#### **Inventions**

Co-Founder of MyHuddle (joinmyhuddle.com) - Founded 2020 MyHuddle gives student-athletes on-demand access to mental training and support. Services include 1:1 counseling via text & video, expert-led group workshops, and on-demand resources to improve student-athlete mental wellbeing and sports performance

### G. <u>Invited Lectures</u>

## Distinguished

Children's Hospital Los Angeles Department of Pediatric Grand Rounds. Children's Hospital Los Angeles, Los Angeles, CA, August 2016 "Keeping Young Athletes in the Game: Benefits of Sports Participation, Injury Prevention Strategies, and the Latest in Injury Management."

Medical School Class Graduation Speaker, Medical School Graduation, Loyola University Chicago, Stritch School of Medicine, Chicago, IL, 2008

#### **International**

XXVIII International Congress of Prevention and Treatment of Sports Injuries. Murcia, Spain. March 11-12, 2021. "Osteochondritis Dissecans."

#### National

Gait and Clinical Movement Analysis Society (GCMAS) Annual Meeting, Frisco, TX, March 29, 2019. "Clinical Role of Motion Analysis in Pediatric Sports Medicine."

American Academy of Pediatrics (AAP), Pediatric Potpourri, Faculty. Maui, HI, February 2-8, 2019. "Overuse injuries and opportunities for prevention," "Updates and trends in youth sports participation," "Recognizing knee injury patterns in young athletes," "Pediatric extremity fractures," "The orthopaedic physical examination."

Pediatric Research in Sports Medicine (PRISM) Annual Meeting, Atlanta, GA, January 18, 2019. "Sports and 3D Motion Analysis, Incorporating Into an Orthopaedic Surgery Clinical Practice."

Montana Orthopaedic Society Annual Meeting, Big Sky, MT, January 12-14, 2018. "ACL injuries in skeletally immature athletes," "Pediatric upper extremity trauma," "Pediatric lower extremity trauma."

Big Ten Orthopaedic Sports Medicine Fellowship Society Annual Meeting, Orlando, FL, 2015. "Restricted hip rotation is an independent risk factor for ACL injury."

### Other

Children's Hospital Los Angeles Sports Medicine Continuing Medical Education, Los Angeles, CA (CHLA), April 10, 2021, "Return to Sports during COVID-19, impacts on the student athlete"

Children's Hospital Los Angeles Sports Medicine Continuing Medical Education, Los Angeles, CA (CHLA), November 9, 2019, "Anterior Cruciate Ligament Injuries in Young Athletes."

University of Southern California, Physical Therapy Doctorate Program, Los Angeles, CA (USC Keck School of Medicine), March 20, 2019, "Pediatric Sports Orthopaedic Surgery."

Children's Hospital Los Angeles Sports Medicine Continuing Medical Education, Los Angeles, CA (CHLA), February 23, 2019. "Osteochondritis Dissecans in Young Athletes."

Congress Orthopaedic Associates Grand Rounds, Pasadena, CA, February 21, 2019. "Updates and Management of Pediatric and Adolescent Anterior Cruciate Ligament Injuries."

Children's Hospital Los Angeles Sports Medicine Conference, Los Angeles, CA (LA84 Foudation), January 12, 2019. "More than a knee sprain: Recognizing injury patterns in young athletes."

University of Southern California, Physical Therapy Doctorate Program, Los Angeles, CA (USC Keck School of Medicine), January 31, 2018, "Pediatric Orthopaedic Sports Medicine and Case Discussions."

Children's Hospital Los Angeles Sports Medicine Conference, Carson, CA (LA Galaxy Stadium), October 2016. "Keeping Young Athletes in the Game: Benefits of Sports Participation, Injury Prevention Strategies, and the Latest in Injury Management."

Providence Tarzana Medical Center Continuing Medical Education Lecture, Tarzana, CA, September 2016. "Pediatric Knee Injury Management, ACL Tears and Knee Injuries in the Young Athlete."

American Academy of Pediatrics Town Hall Meeting, Studio City, CA. May 2016. "Orthopaedics for the General Pediatrician: Overuse Injuries."

University of Michigan Badgley Day Annual Sports Medicine Conference, Ann Arbor, MI, 2014. "Hemiarthroplasty for chronic shoulder dislocation."

University of Michigan Athletic Trainers Physician-Guided Lecture Series, Ann Arbor, MI, 2015. "Meniscus injuries in athletes."

University of Michigan Department of Orthopaedic Surgery Grand Rounds, Ann Arbor, MI, 2015. "Restricted hip rotation is an independent risk factor for ACL injury."

Providence Tarzana Medical Center Continuing Medical Education Lecture, Tarzana, CA, 2015. "Orthopaedics in Children and Adolescents."

Children's Hospital Los Angeles Sports Medicine Conference, Carson, CA (LA Galaxy Stadium), 2015. "Shoulder and elbow injuries in young athletes."

### H. Bibliography

## **Peer Reviewed Published Manuscripts**

- Ciccodicola, Eva, Mueske N, Katzel M, VandenBerg C, Pace JL, Wren T. Biomechanical Symmetry During Drop Jump Landing and Takeoff in Adolescent Athletes Following Recent Anterior Cruciate Ligament Reconstruction. *Symmetry*. 2021. 13(4), 639.
- 2. Mueske, Nicole, Abousamra O, Katzel M, VandenBerg C, Pace L, Feifer D, Wren T. Effect of Static Alignment on Dynamic Knee Abduction Moments in Adolescent Athletes with Recent ACL Reconstruction. *Medicine & Science in Sports & Exercise*. 2021 Feb.
- Qi Cao, Shillingford N, Huh W, VandenBerg CD, Raca G, Allison DC, Wang L, Zhou S. Primary Knee Intra-articular Synovial Sarcoma in Pediatric and Adolescent Patients. *Pediatr Dev Pathol*. 2021 Jan 20;1093526620981368. doi: 10.1177/109352662098136.

- Cruz A, Beck J; Ellington M, Mayer S, Pennock A, Stinson Z, VandenBerg CD, Barrow B, Gao B, Ellis H. Failure Rates of Autograft and Allograft ACL Reconstruction in Patients 19 Years of Age and Younger: A Systematic Review and Meta-Analysis. *JBJS Open Access*: October-December 2020 - Volume 5 - Issue 4 - p e20.00106. doi: 10.2106/JBJS.OA.20.00106.
- Nazareth A, VandenBerg CD, Sarkisova N, Goldstein RY, Andras LM, Lightdale-Miric NR, Pace JL, Skaggs DL. Prospective Evaluation of a Treatment Protocol Based on Fracture Displacement for Pediatric Lateral Condyle Humerus Fractures: A Preliminary Study. *Journal of Pediatric Orthopaedics*. 2020 Aug;40(7):e541-e546.
- 6. Beck JJ, **VandenBerg C**, Cruz AI, Ellis JH. Low Energy, Lateral Ankle Injuries in Pediatric and Adolescent Patients: A Systematic Review of Ankle Sprains and Nondisplaced Distal Fibula Fractures. *Journal of Pediatric Orthopedics*. 2020 Jul;40(6):283-287.
- 7. Wren TAL, O'Callahan B, Katzel MJ, Zaslow TL, Edison BR, **VandenBerg CD**, Conrad-Forrest A, Mueske NM. Movement variability in pre-teen and teenage athletes performing sports related tasks. *Gait and Posture*. 2020 Jul;80:228-233.
- 8. Essilfie A, Sabour A, George F, **VandenBerg C**. An Increasing Rate of Surgical Management of Closed Tibia Fractures in an Adolescent Population: A National Database Study. *JAAOS-Journal of the American Academy of Orthopaedic Surgeons*. 2019 Nov 1;27(21):816-22.
- Murgai RR, VandenBerg C, Stevanovic M, Lightdale-Miric N. Upper Extremity Conversion Disorder in Children. *Journal of Shoulder and Elbow Surgery*, 2019 Jun;28(6):e175-e181.
- Sarkisova N, Smith R, VandenBerg C, Pace JL, Goldstein RY. Access to Physical Therapy for Pediatric and Adolescent Patients Following Orthopedic Surgery. *Global pediatric health*. 2019 May;6:2333794X19848676.
- 11. Patel AR, Sarkisova N, Smith R, Gupta K, **VandenBerg CD**. Socioeconomic status impacts outcomes following pediatric anterior cruciate ligament reconstruction. *Medicine*. 2019 Apr;98(17).

- 12. Sabour AF, Alluri RK, Heckmann N, Heidari KS, Hatch III GF, **VandenBerg C**. A nationwide analysis of failed irrigation and debridement for pediatric septic arthritis of the hip. *Journal of Pediatric Orthopaedics B*. 2019 Sep 1;28(5):470-5.
- 13. Alluri RK, Sabour A, Heckmann N, Hatch GF, **VandenBerg C**. Increasing Rate of Surgical Fixation in Four- and Five-year-old Children with Femoral Shaft Fractures. *Journal of the American Academy of Orthopaedic Surgeons*, 2019 Jan 1;27(1):e24-e32.
- 14. Munger AM, Gonsalves NR, Sarkisova N, Clarke E, **VandenBerg CD**, Pace JL. Confirming the presence of unrecognized meniscal injuries on magnetic resonance imaging in pediatric and adolescent patients with anterior cruciate ligament tears. *Journal of Pediatric Orthopaedics*. 2019 Oct 1;39(9):e661-7.
- 15. Mueske NM, **VandenBerg CD**, Pace JL, Katzel MJ, Zaslow TL, Padilla RA, Wren TAL. Comparison of drop jump landing biomechanics and asymmetry among adolescents with hamstring, patellar and quadriceps tendon autografts for anterior cruciate ligament reconstruction. *Knee.* 2018 Dec;25(6):1065-1073.
- 16. Smith RA, VandenBerg CD, Pace JL. Management of Long-Term Complications in the Setting of Lateral Meniscal Deficiency After Saucerization of a Discoid Lateral Meniscus in an Adolescent Patient: A Case Report and Review of the Literature. *JBJS Case Connect*. 2018 Oct-Dec;8(4):e102.
- 17. Mueske NM, Patel AR, Pace JL, Zaslow TL, **VandenBerg CD**, Katzel MJ, Edison BR, Wren TAL. Improvements in landing biomechanics following anterior cruciate ligament reconstruction in adolescent athletes. *Sports Biomech*. 2018 Oct 2:1-12.
- 18. Wren TAL, Mueske NM, Brophy CH, Pace JL, Katzel MJ, Edison BR, **VandenBerg CD**, Zaslow TL. Hop Distance Symmetry Does Not Indicate Normal Landing Biomechanics in Adolescent Athletes With Recent Anterior Cruciate Ligament Reconstruction. *J Orthop Sports Phys Ther*. 2018 Aug;48(8):622-629.
- VandenBerg C, Niswander C, Carry P, Bloch N, Pan Z, Erickson M, Garg S. Compliance With a Comprehensive Antibiotic Protocol Improves Infection Incidence in Pediatric Spine Surgery. *J Pediatr Orthopaedic Surgery*, 2018 May/Jun;38(5):287-292.

- VandenBerg C, Crawford EA, Sibilsky Enselman E, Robbins CB, Wojtys EM, Bedi A. Restricted Hip Rotation Is Correlated With an Increased Risk for Anterior Cruciate Ligament Injury. *Arthroscopy*, 2017 Feb;33(2):317-325.
- 21. Tan AR, **VandenBerg CD**, Attur M, Abramson SB, Knight MM, Bulinski JC, Ateshian GA, Cook JL, Hung CT. Cytokine preconditioning of engineered cartilage provides protection against interleukin-1 insult. *Arthritis Research and Therapy*, 2015 Dec 14;17:361.
- 22. Tan AR, Alegre-Aguarón E, O'Connell GD, **VandenBerg CD**, Aaron RK, Vunjak-Novakovic G, Bulinskie JC, Ateshian GA, Hung CT. Passage-dependent relationship between mesenchymal stem cell mobilization and chondrogenic potential. *Osteoarthritis and Cartilage*, 2015 Feb;23(2):319-27.
- 23. **VandenBerg CD**, Novais EN. Isolated congenital absence of inferior pubic rami ossification: a case report. *Journal of Pediatric Orthopaedics B*, 2014 Nov;23(6):541-3.
- 24. Jeske WP, Walenga JM, Hoppensteadt DA, **VandenBerg CD**, Brubaker A, Adiguzel C, Bakhos M, Fareed J. Differentiating low-molecular-weight heparins based on chemical, biological, and pharmacologic properties: implications for the development of generic versions of low-molecular-weight heparins. *Seminars in Thrombosis and Hemostasis*, 2008 Feb;34(1):74-85.
- 25. Fung K, Teknos TN, **VandenBerg CD**, Lyden TH, Bradford CR, Hogikyan ND, Kim J, Prince ME, Wolf GT, Chepeha DB. Prevention of wound complications following salvage laryngectomy using free vascularized tissue. *Head and Neck*, 2007 May; 29(5):425-30.
- 26. Teknos TN, Islam M, Arenberg DA, Pan Q, Carskadon SL, Abarbanell AM, Marcus B, Paul S, VandenBerg CD, Carron M, Nor JE, Merajver SD. The effect of tetrathiomolybdate on cytokine expression, angiogenesis, and tumor growth in squamous cell carcinoma of the head and neck. Archives of Otolaryngology Head and Neck Surgery, 2005 Mar; 131(3):204-11

### Abstracts

1. Nazareth A, **VandenBerg** C, Sarkisova N, Goldstein RY, Andras LM, Lightdale N, Pace JL, Skaggs DL. Prospective Evaluation of a Treatment Protocol Based on Fracture Displacement for Pediatric Lateral Condyle Humerus Fractures. American Academy of Orthopedic Surgeon 2020 Annual Meeting (Virtual).

- 2. Sarkisova N, **VandenBerg C**, Yang J, Ryan DD, Goldstein RY. Delay in Time to Physical Therapy Following Orthopaedic Surgery. American Academy of Orthopedic Surgeon 2020 Annual Meeting (Virtual).
- 3. Sarkisova N, **VandenBerg C**, Yang J, Ryan DD, Goldstein RY. Delay in Time to Physical Therapy Following Orthopaedic Surgery. American Academy of Pediatrics 2020 Annual Meeting (Virtual).
- 4. **VandenBerg** C, Sarkisova N, Pace JL, Rhodes, Green D. Current Practice Trends in the Surgical Management of Patellofemoral Instability: A Survey of the Pediatric Research in Sports Medicine (PRiSM Society). American Academy of Orthopedic Surgeon 2020 Annual Meeting (Virtual).
- 5. Siddiqui AA, Fan B, Bennett JT, Illingworth KD, Andras LM, Skaggs DL, Tolo VT, **VandenBerg CD**. Complications of Pediatric Pathologic Proximal Femur Fractures. American Academy of Pediatrics 2019 Annual Meeting. New Orleans, LA. October 26, 2019.
- 6. **VandenBerg** C, Sarkisova N, Pace JL, Rhodes, Green D. Current Practice Trends in the Surgical Management of Patellofemoral Instability: A Survey of the Pediatric Research in Sports Medicine (PRiSM Society). American Academy of Pediatrics 2019 Annual Meeting. New Orleans, LA. October 26, 2019.
- 7. Mueske N, Feifer D, Sarkisova N, Katzel MJ, VandenBerg CD, Pace JL. Wren T. Effect of lower extremity static alignment on dynamic valgus in adolescents following ACL reconstruction. American Medical Society for Sports Medicine 2019 Annual Meeting. Houston TX. April 12-17, 2019.
- 8. Ciccodicola E, Mueske N, Katzel M, **VandenBerg C**, Pace JL, Wren T. Biomechanical symmetry during landing and takeoff in adolescent athletes following recent ACL reconstruction. American Medical Society for Sports Medicine 2019 Annual Meeting. Houston TX. April 12-17, 2019.
- 9. VandenBerg C, Sarkisova N, Pace JL, Rhodes, Green D. Current Practice Trends in the Surgical Management of Patellofemoral Instability: A Survey of the Pediatric Research in Sports Medicine (PRiSM Society). European Pediatric Orthopaedic Society 2019 Annual Meeting. Oslo, Norway. April 5, 2019.
- 10. Nazareth A, VandenBerg C, Sarkisova N, Goldstein RY, Andras LM, Lightdale N, Pace JL, Skaggs DL. Delayed Unions and Functional Outcomes of Pediatric Lateral Condyle Humerus Fractures: a Prospective Study. Pediatric Orthopaedic Society of North America 2019 Annual Meeting. Charlotte, NC.

- 11. Mueske N, Katzel M, Chadwick K, **VandenBerg C**, Pace JL, Zaslow T, O'Callahan, Nakata H, Wren T. Biomechanical Symmetry during Drop Jump and Single-Leg Hop Landing in Uninjured Adolescent Athletes. Pediatric Research in Sports Medicine 2019 Annual Meeting. Atlanta, GA. January 17-19, 2019.
- 12. Mueske N, Feifer, VandenBerg C, Pace JL, Katzel M, Zaslow T, Edison B, Wren T. Effect of Static Anatomic Alignment on Dynamic Limb Valgus during Side-Step Cutting in Uninjured Adolescent Athletes. Pediatric Research in Sports Medicine 2019 Annual Meeting. Atlanta, GA. January 17-19, 2019.
- **13. VandenBerg** C, Sarkisova N, Pace JL, Rhodes, Green D. Current Practice Trends in the Surgical Management of Patellofemoral Instability: A Survey of the Pediatric Research in Sports Medicine (PRiSM Society). Pediatric Research in Sports Medicine 2019 Annual Meeting. Atlanta, GA. January 17-19, 2019.
- 14. **VandenBerg CD**, Niswander C, Pan Z, Carry P, Erickson M, Garg S. Compliance with a comprehensive antibiotic protocol improves infection rates in pediatric spine surgery. *Pediatric Orthopaedic Society of North America Annual Meeting Final Program*. 2015, Page 202. Presented at Pediatric Orthopaedic Society of North America, Annual Mtg., Atlanta, GA, April 2015.
- 15. **VandenBerg CD,** Niswander C, Pan Z, Carry P, Erickson M, Garg S. Compliance with a comprehensive antibiotic protocol improves infection rates in pediatric spine surgery. *American Academy of Orthopaedic Surgeons Annual Meeting Final Program.* 2015. Presented at American Academy of Orthopaedic Surgeons Annual Mtg., Las Vegas, NV, March 2015.
- 16. VandenBerg CD, Shah SA, Gabos P, Bowen JR, Choudhry D, Sacks K, Rogers K. Perioperative use of gabapentin in adolescent idiopathic scoliosis patients improves outcomes in pain management after posterior spinal fusion. *American Academy of Orthopaedic Surgeons Annual Meeting Final Program*. 2013. Presented at American Academy of Orthopaedic Surgeons Annual Mtg., March 2013.
- 17. VandenBerg CD, Shah SA, Gabos P, Bowen JR, Choudhry D, Sacks K, Rogers K. Perioperative use of gabapentin in adolescent idiopathic scoliosis patients improves outcomes in pain management after posterior spinal fusion. *Pediatric Orthopaedic Society of North America Annual Meeting Final Program*. 2012. Presented at Pediatric Orthopaedic Society of North America Annual Mtg., Denver, CO, May 2012.
- 18. **VandenBerg CD**, Shah SA, Gabos P, Bowen JR, Choudhry D, Sacks K, Rogers K. Perioperative use of gabapentin in adolescent idiopathic scoliosis patients improves outcomes in pain management after posterior spinal fusion. *Scoliosis Research*

- *Society Annual Meeting Final Program.* 2012. Presented at Scoliosis Research Society Meeting, Chicago, IL, September 2012.
- 19. Tan AR, **VandenBerg CD**, Ateshian GA, Hung CT. Preexposure of engineered cartilage to interleukin-1α affords protection against subsequent cytokine exposure. *Orthopaedic Research Society Annual Meeting Final Program*. 2012. Presented at Orthopaedic Research Society Annual Mtg., San Francisco, CA, February 2012.
- 20. Tan AR, Ackerman GP, VandenBerg CD, Dermksian MV, Bulinski JC, Hung CT. Response of synovium derived stem cells to an applied DC electric field after passage with growth factors. *Orthopaedic Research Society Annual Meeting Final Program*. 2012. Presented at: 58<sup>th</sup> Annual Meeting of the Orthopaedic Research Society. San Francisco, CA. February 2012.
- 21. Jeske W, **VandenBerg CD**, Maddineni J, Florian M, Hoppensteadt D, Walenga JM. Are generic low molecular weight heparins equivalent to the innovator products? *American Society of Hematology Annual Meeting Final Program.* 2006. Presented at American Society of Hematology Annual Meeting, Orlando, FL, December 2006.
- 22. Jeske WP, Walenga JM, Ackerman PD, Hoppensteadt DA, **VandenBerg CD**, Bick RL, Fareed J. Assay dependent variations in the anticoagulant and protamine sulfate neutralization profiles of generic copies of enoxaparin. *American Society of Hematology Annual Meeting Final Program.* 2006. Presented at American Society of Hematology Annual Meeting, Orlando, FL, December 2006.

# Chapters

 Mayer S, VandenBerg C, Albright J: Osteochondral autograft transfer system/allograft for knee osteochondritis dissecans. In: <u>Knee Surgery for the Pediatric</u> and Adolescent Athlete (1<sup>st</sup> Edition; Cardasco F and Green D). Wolters Kluwer, New York, NY, June 16, 2015.

### **Podium Presentations**

- VandenBerg C, Katzel M, Beltran V, Conrad-Forrest A, Wren T. Iliotibial Band Autograft Provides the Fastest Recovery of Knee Extensor Mechanism Function in Pediatric Anterior Cruciate Ligament Reconstruction. Pediatric Orthopaedic Society of North America 2021 Annual Meeting, Dallas, TX. May 13-15, 2021.
- 2. Antoniak K, **VandenBerg** C, Abousamra O. Angular Deformity after Temporary Epiphysiodesis for Leg Length Discrepancy. Pediatric Orthopaedic Society of North America 2021 Annual Meeting, Dallas, TX. May 13-15, 2021.

- 3. Nazareth A, **VandenBerg C**, Sarkisova N, Goldstein RY, Andras LM, Lightdale N, Pace JL, Skaggs DL. Prospective Evaluation of a Treatment Protocol Based on Fracture Displacement for Pediatric Lateral Condyle Humerus Fractures. American Academy of Orthopedic Surgeon 2020 Annual Meeting (Virtual).
- 4. Sarkisova N, **VandenBerg C**, Yang J, Ryan DD, Goldstein RY. Delay in Time to Physical Therapy Following Orthopaedic Surgery. American Academy of Pediatrics 2020 Annual Meeting (Virtual).
- 5. **VandenBerg** C, Sarkisova N, Pace JL, Rhodes J, Green D. Current Practice Trends in the Surgical Management of Patellofemoral Instability: A Survey of the Pediatric Research in Sports Medicine (PRiSM Society). American Academy of Pediatrics 2019 Annual Meeting. New Orleans, LA. October 26, 2019.
- Ali A. Siddiqui, BS; Bensen Fan, MD; James T. Bennett, MD; Kenneth D. Illingworth, MD; Lindsay M. Andras, MD; David L. Skaggs, MD, MMM; Vernon T. Tolo, MD; Curtis D. VandenBerg, MD. Complications in Pathologic Proximal Femur Fractures. American Academy of Pediatrics 2019 Annual Meeting. New Orleans, LA. October 26, 2019.
- 7. Alexander Nazareth MS; Curtis VandenBerg MD; Natalya Sarkisova BS, Rachel Y Goldstein MD; Nina Lightdale MD; Lindsay Manning Andras MD; Paul D Choi MD; James Lee Pace MD; David Lee Skaggs MD. Delayed Unions and Functional Outcomes of Pediatric Lateral Condyle Humerus Fractures: a Prospective Study. Pediatric Orthopaedic Society of North America 2019 Annual Meeting. Charlotte, North Carolina. May 15, 2019.
- 8. **VandenBerg** C, Sarkisova N, Pace JL, Rhodes J, Green D. Current Practice Trends in the Surgical Management of Patellofemoral Instability: A Survey of the Pediatric Research in Sports Medicine (PRiSM Society). European Pediatric Orthopaedics Society 2019 Annual Meeting. Oslo, Norway. April 5, 2019.
- 9. Mueske N, Katzel M, Chadwick K, **VandenBerg C**, Pace JL, Zaslow T, O'Callahan, Nakata, Wren T. Biomechanical Symmetry during Drop Jump and Single-Leg Hop Landing in Uninjured Adolescent Athletes. Pediatric Research In Sports Medicine Society 2019 Annual Meeting. Atlanta, GA. January 18, 2019.
- 10. Mueske N, Feifer, VandenBerg C, Pace JL, Katzel M, Zaslow T, Edison B, Wren T. Effect of Static Anatomic Alignment on Dynamic Limb Valgus during Side-Step Cutting in Uninjured Adolescent Athletes. Pediatric Research In Sports Medicine Society 2019 Annual Meeting. Atlanta, GA. January 19, 2019.

- 11. **VandenBerg** C, Sarkisova N, Pace JL, Rhodes, Green D. Current Practice Trends in the Surgical Management of Patellofemoral Instability: A Survey of the Pediatric Research in Sports Medicine (PRiSM Society). Pediatric Research in Sports Medicine 2019 Annual Meeting. Atlanta, GA. January 17-19, 2019. Podium
- 12. Gagnier JJ, Robbins C, Carpenter JE, Bedi A, Miller B, VandenBerg CD. A Prospective Cohort Study Of Patients Treated Surgically Or Non-Surgically For Full-Thickness Rotator Cuff Tears. Presented at: American Orthopaedic Society for Sports Medicine, Annual Mtg., Orlando, FL, July 2015.
- 13. **VandenBerg CD,** Niswander C, Pan Z, Carry P, Erickson M, Garg S. Compliance with a comprehensive antibiotic protocol improves infection rates in pediatric spine surgery. Presented at: Pediatric Orthopaedic Society of North America, Annual Mtg., Atlanta, GA, April 2015
- 14. **VandenBerg CD,** Niswander C, Pan Z, Carry P, Erickson M, Garg S. Compliance with a comprehensive antibiotic protocol improves infection rates in pediatric spine surgery. Presented at: American Academy of Orthopaedic Surgeons Annual Mtg., Las Vegas, NV, March 2015
- 15. **VandenBerg CD**, Shah SA, Gabos P, Bowen JR, Choudhry D, Sacks K, Rogers K. Perioperative use of gabapentin in adolescent idiopathic scoliosis patients improves outcomes in pain management after posterior spinal fusion. Presented at: American Academy of Orthopaedic Surgeons Annual Mtg., March 2013
- 16. VandenBerg CD, Shah SA, Gabos P, Bowen JR, Choudhry D, Sacks K, Rogers K. Perioperative use of gabapentin in adolescent idiopathic scoliosis patients improves outcomes in pain management after posterior spinal fusion. Presented at: Pediatric Orthopaedic Society of North America Annual Mtg., Denver, CO, May 2012
- 17. **VandenBerg CD**, Shah SA, Gabos P, Bowen JR, Choudhry D, Sacks K, Rogers K. Perioperative use of gabapentin in adolescent idiopathic scoliosis patients improves outcomes in pain management after posterior spinal fusion. Presented at: Scoliosis Research Society Meeting, Chicago, IL, September 2012
- 18. **VandenBerg CD**, Mackenzie WG, Chan G, Bowen JR, Stazzone E, Puryear A. The results of spinal fusion in children with spinal muscular atrophy. Presented at: St. Luke's Roosevelt Hospital Department of Orthopaedic Surgery Annual Research Day, New York, NY, June 2012
- 19. Tan AR, **VandenBerg CD**, Ateshian GA, Hung CT. Preexposure of engineered cartilage to interleukin-1α affords protection against subsequent cytokine exposure.

- Presented at: Orthopaedic Research Society Annual Mtg., San Francisco, CA, February 2012
- 20. Tan AR, **VandenBerg CD**, Ateshian GA, Hung CT. Preexposure of engineered cartilage to interleukin-1α affords protection against subsequent cytokine exposure. Presented at: St. Luke's Roosevelt Hospital Department of Orthopaedic Surgery Annual Research Day, New York, NY, June 2011
- 21. Tan AR, Ackerman GP, VandenBerg CD, Dermksian MV, Bulinski JC, Hung CT. Response of synovium derived stem cells to an applied DC electric field after passage with growth factors. Presented at: 58<sup>th</sup> Annual Meeting of the Orthopaedic Research Society. San Francisco, CA. February 2012

#### **Poster Presentations**

- 1. Sarkisova N, **VandenBerg C**, Yang J, Ryan DD, Goldstein RY. Delay in Time to Physical Therapy Following Orthopaedic Surgery. American Academy of Orthopedic Surgeon 2020 Annual Meeting (Virtual).
- 2. **VandenBerg** C, Sarkisova N, Pace JL, Rhodes, Green D. Current Practice Trends in the Surgical Management of Patellofemoral Instability: A Survey of the Pediatric Research in Sports Medicine (PRiSM Society). American Academy of Orthopedic Surgeon 2020 Annual Meeting (Virtual).
- 3. VandenBerg C, Sarkisova N, Pace JL, Rhodes J, Green D. Current Practice Trends in the Surgical Management of Patellofemoral Instability: A Survey of the Pediatric Research in Sports Medicine (PRiSM Society). Pediatric Research In Sports Medicine Society 2019 Annual Meeting. Atlanta, GA.
- **4.** Mueske N, Feifer D, Sarkisova N, Katzel MJ, **VandenBerg CD**, Pace JL. Wren T. Effect of lower extremity static alignment on dynamic valgus in adolescents following ACL reconstruction. American Medical Society for Sports Medicine 2019 Annual Meeting. Houston TX. April 12-17, 2019.
- 5. Ciccodicola E, Mueske N, Katzel M, **VandenBerg C**, Pace JL, Wren T. Biomechanical symmetry during landing and takeoff in adolescent athletes following recent ACL reconstruction. American Medical Society for Sports Medicine 2019 Annual Meeting. Houston TX. April 12-17, 2019.
- 6. **VandenBerg CD**, Shah SA, Gabos P, Bowen JR, Choudhry D, Sacks K, Rogers K. Perioperative use of gabapentin in adolescent idiopathic scoliosis patients improves outcomes in pain management after posterior spinal fusion. Resident Research Symposium, St. Luke's Roosevelt Hospital Center, New York, NY, May 2012

- 7. **VandenBerg CD**, Mackenzie WG, Chan G, Bowen JR, Stazzone E, Puryear A. The results of spinal fusion in children with spinal muscular atrophy. Resident Research Symposium, St. Luke's Roosevelt Hospital Center, New York, NY, May 2012
- 8. Jeske W, **VandenBerg CD**, Maddineni J, Florian M, Hoppensteadt D, Walenga JM. Are generic low molecular weight heparins equivalent to the innovator products? American Society of Hematology Annual Meeting, Orlando, FL, December 2006
- Jeske WP, Walenga JM, Ackerman PD, Hoppensteadt DA, VandenBerg CD, Bick RL, Fareed J. Assay dependent variations in the anticoagulant and protamine sulfate neutralization profiles of generic copies of enoxaparin. American Society of Hematology Annual Meeting, Orlando, FL, December 2006
- 10. Jeske W, VandenBerg CD, Maddineni J, Florian M, Hoppensteadt D, Walenga JM. Are generic low molecular weight heparins equivalent to the innovator products? St. Luke's Day Research Symposium Loyola University Chicago Stritch School of Medicine, Maywood, IL, September 2005
- 11. Jeske WP, Walenga JM, Ackerman PD, Hoppensteadt DA, VandenBerg CD, Bick RL, Fareed J. Assay dependent variations in the anticoagulant and protamine sulfate neutralization profiles of generic copies of enoxaparin. St. Luke's Day Research Symposium, Loyola University Chicago Stritch School of Medicine, Maywood, IL, September 2005
- 12. Teknos TN, Islam M, Arenberg DA, Pan Q, Carskadon SL, Abarbanell AM, Marcus B, Paul S, **VandenBerg CD**, Carron M, Nor JE, Merajver SD. The effect of tetrathiomolybdate on cytokine expression, angiogenesis, and tumor growth in squamous cell carcinoma of the head and neck. Undergraduate Research Opportunity Program Symposium, University of Michigan, Ann Arbor, MI, April 2002